



WEEKENDS OF WELLNESS

May 7, 14, 21

City-wide including:

- ♦ Classes
- ♦ Chef Talks
- ♦ Farmers Market
- ♦ Health Fair
- ♦ Specials & Sales

Sponsored
By



ANNA JQUES HOSPITAL



Health Fair & Farmers Market

Spring into a season of health with the support of our members. Join us on Saturdays in May at programs designed for you to try a new therapeutic practice, take a deep breath, examine your behaviors, pick up a new hobby, or just consciously engage in your preferred stress reliever.

We'll kick off the month with a Health Fair and Farmers Market in the City Hall Parking Lot on May 7th from 12-4pm. See the list of participating businesses and organizations at <http://www.amesburychamber.com/event/health-fair-farmers-market/>

Don't miss the Anna Jaques Hospital Teddy Bear Clinic!
Have the kids bring their favorite stuffed animals
down to the Health Fair for a check-up!!